

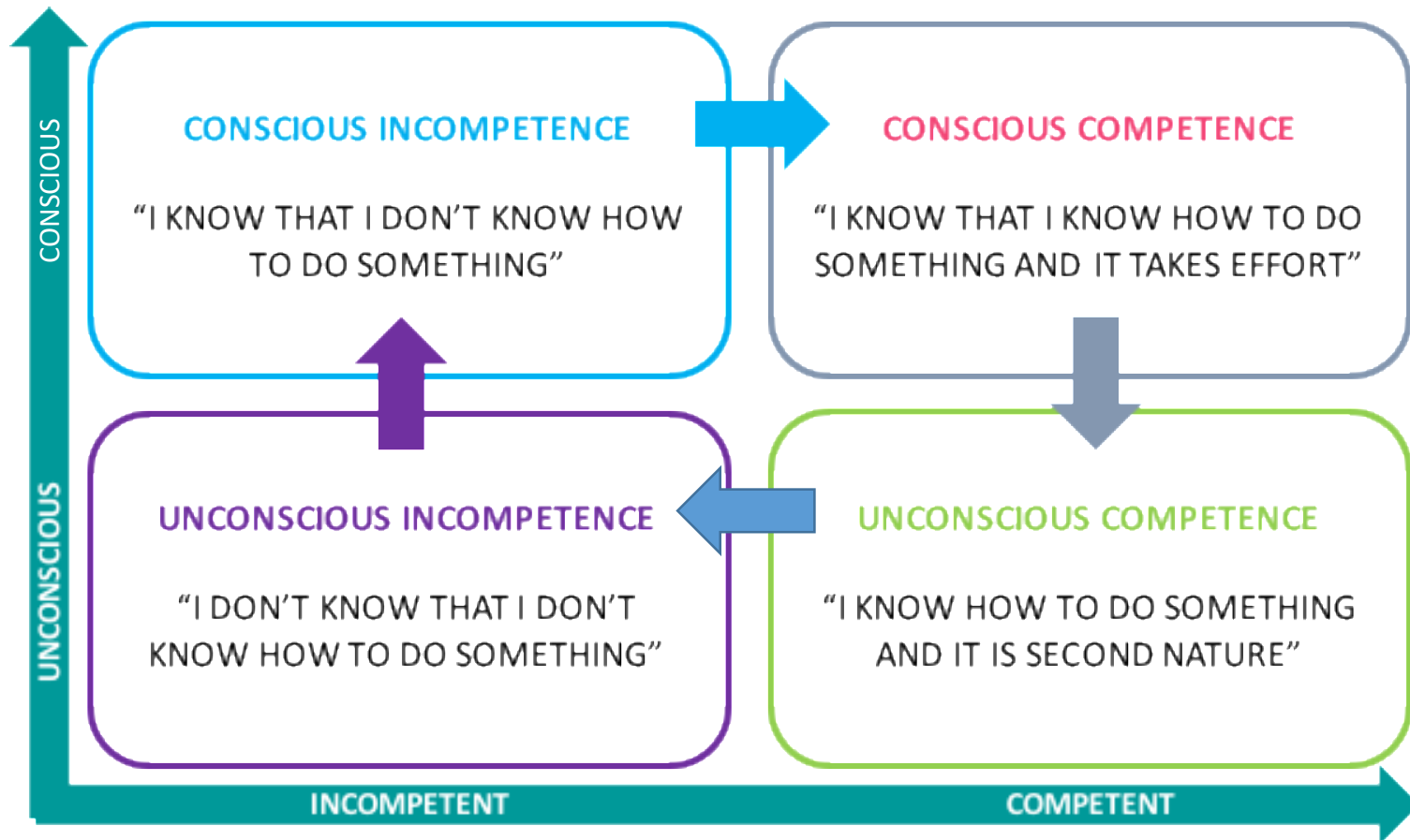
Strengths-Based Conversations

You Can Leave Your
Superhero Pants @ Home!

Debbie Brown

Strengths-Based Practice Coach, New Level Results

Food for Thought....



Carol Baxter

*Head of Service, Quality Lead & Principal Social Worker,
London Borough of Barnet*



Ever felt like you should be like this?



Acting Out Productions

Things to Listen Out For...

- ❖ Putting the person at the centre of the conversation
- ❖ Finding out what is important to a person / their sense of wellbeing
- ❖ It feels conversational
- ❖ Use of open questions
- ❖ A sense of curiosity
- ❖ Identification of the an individuals strengths & resources
- ❖ Outcome led, rather than service led
- ❖ Use of language